

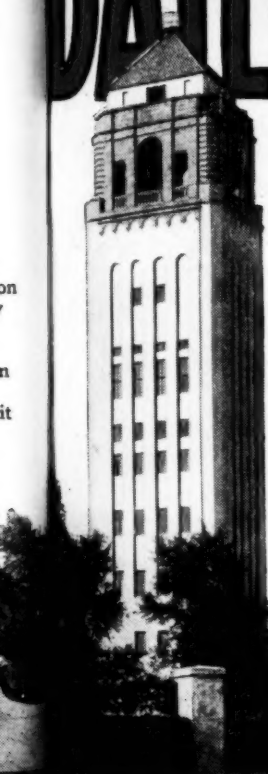
MARCH 1941

15 CENTS

DAILY WORD

A
UNITY
Publication

FOR EACH NEW DAY...THE RIGHT
WORD FOR YOUR INSPIRATION



Class Thoughts

February 20 to March 19

Daily at 11 a. m. join us in this thought
for spiritual illumination:

The light of Thy Spirit constantly illumines me.

At high noon each day concentrate your attention
on this thought for prosperity:

In quietness and confidence I behold plenty
everywhere as Thy law perpetually works for
my prosperity.

At 9 p. m. each night let us acknowledge the healing power
of Spirit with this prayer:

In quietness and confidence I behold Thy Spirit
within restoring me to health and wholeness.

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We also publish *Good Business, Prog-*

ress, Wee Wisdom, Unity, Weekly Unity, and Unity Sunday School Leaflet at \$1 a year each.

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Silent Unity, the healing department of Unity School, is happy to minister to every person desiring help through prayer. Address Silent Unity, 917 Tracy, Kansas City, Mo. Compensation is by love offering.



DAILY WORD

Vol. 34

MARCH, 1941

No. 3

EDITED UNDER THE SUPERVISION OF SILENT UNITY

Stately and tall, as pictured on the cover of DAILY WORD, the Unity Campanile or Prayer Tower directs the traveler to Unity Farm near Kansas City. Even so this little magazine daily directs your steps to the sun-tipped heights in whose glory you behold yourself as a son of God; for such you are.

LO, I AM WITH YOU ALWAYS

C. GWENDOLYN TANNER

"Lo, I am with you always."

These words with their promise to me
Are the living words of the living God
Telling me all I can be.

"Lo, I am with you always."

In His presence I cannot fail;
He is here, and His strength will sustain me,
His power and love prevail.

"Lo, I am with you always."

His promise to stay ever near
Is all of the strength I shall ever need;
There is nothing now to fear.

"Lo, I am with you always."

Of His loving words there are none
That lift up my heart with the joy of these;
The Father and I are one.

Put on the Armor of God

RALPH E. JOHNSON

IN WRITING to the Ephesians Paul gives some very practical advice on the way in which to meet life: "Be strong in the Lord, and in the strength of his might. Put on the whole armor of God, that ye may be able to stand."

What is the armor of God, and how may we put it on? The armor of God is made up of all the qualities that are Godlike. When we express Godlike qualities we put on the divine armor, we greatly add to our strength, and our life then is divinely protected. When we express faith, love, truth, joy, peace—qualities that are divine in origin—we infold ourself in an armor more potent than any material defense. Holding fast to faith in God, trusting Him to guide our steps and make safe our way will not only take us out of ensnaring circumstances but will protect us from further ones; it will shield us from war, pestilence, oppression, greed, injustice; it will take us through the wilderness of depression and across the Red Sea of opposition.

When we express love toward all whom we meet we are protected from misunderstanding, criticism, and failure, for love is the one ingredient

above all others that colors life divinely and inspires true success. When we maintain peace within the sanctuary of our own mind, we cannot be affected by any confusion around us. As we express honesty and sincerity in all our dealings with others we gain a clearer vision of how to approach life most perfectly. When we stand fast in our faith in God, though the world about us may rock and the mountains tremble, we are kept secure and untouched. We build for ourselves a durable armor, an impenetrable shield of Spirit power as we manifest in life those qualities which we desire to experience in return.

Isaiah described in a few words the ideal life we each desire: "Every mountain and hill shall be made low: and the crooked shall be made straight, and the rough places plain." This is a glorious goal! To have every mountain of difficulty laid low, every crooked way straightened, every danger removed from our path, and every roughness taken out of our journey through life! Without exception it can be said that everyone is desirous of seeing Isaiah's promise fulfilled in his life. But there are many who attempt to bring this about by endeavoring to change outer conditions or other persons, or by running away from them entirely to some secluded retreat, instead of fortifying themselves by putting on the armor of God. If they now seem

unable to meet the issues of life, they desire their burdens lessened or eliminated altogether. If they are treated unkindly by others, they think that the only solution offering happiness is for the unkind persons to change their ways or be removed to another environment.

Yet what we really need is greater strength with which to meet our experiences. With greater strength to meet any difficulty in a masterful way, no experience could influence our peace of mind or disturb the serenity of our inward happiness. No circumstance or person has power to irritate us unless we voluntarily allow it. It is only when we react negatively to any experience that we witness a sense of annoyance, difficulty, or suffering. When we react positively to life, we maintain a conquering spirit that is undefeatable.

Phillips Brooks perceived this truth when he said: "Oh, do not pray for easy lives. Pray to be stronger men! Do not pray for tasks equal to your powers. Pray for powers equal to your tasks."

This is the keyword for us. Instead of seeking to change everything external to us, let us seek to become stronger and more capable of meeting the issues of life so that we can no longer be overwhelmed or controlled by any experience. The final result to us is the same, for a greater strength to meet life makes life easier to meet, makes us

free from influences that previously may have swept us along with every apparent negation.

In seeking to strengthen ourselves to meet life triumphantly we do not overlook the need for changes in the outer when present conditions out-picture something that obstructs our happiness. But as we endeavor to become stronger and less affected by externals, we notice a glorious thing: as soon as we free ourselves by strength from the influence of what may have seemed hurtful, the experience quickly takes leave of us. As we learn to be unaffected by inharmony, even that which seems to provoke it dissolves into obscurity.

Knowing our need for strength and the source from which we shall gain it, let us "pray to be stronger men" and for "powers equal to" any contingency. As we increase the qualities that truly armor us, we gain a degree of serenity and confidence that carries us through any situation, and such inner strength that nothing can disturb our peace of mind.

Not only can we armor ourselves with protecting strength; through our faith in God's power we can safeguard and protect those who may seem to be in the midst of danger or who face fiery trials. We can realize that the presence of God surrounds, infolds, and protects them, that the love and power of God ever watches over them.

Instead of allowing fear and anxiety to rule our thinking, we can abide in the conviction that dear ones in the midst of danger are clad with invulnerable armor and upheld by courage, fortitude, and strength. As we thus see them armored by God and divinely protected, our vision quickens in them a feeling of unity with God, a feeling of perfect safety and protection. Our prayer for them not only protects them from harm but protects them from all fear of danger, and helps them to "put on the whole armor of God."

Friday I had a miraculous escape! A high explosive bomb fell in ——, where I was lodging, and as usual I was alone. No details, just this: Christ was with me and prepared me by a sort of vision of what was coming and how He would open the door, physical and material, for my escape. I was saved, praise be to God. The house was condemned, and of my belongings I do not yet know what will or will not be recovered for use; but this I do know: Surely 'goodness and mercy' have followed me, even God's hand and love on every side, beyond all expression. His omnipresence as all-good and omnipotent has never left me for a single moment!—*Letter from a reader in the war zone.*

Where Is God?

IN THE lives of every one of us who are seeking God there may come dark moments of indecision, doubt, or fear, when we feel that we have lost contact with Him. In a moment of human weakness we cry out, "Father, where art Thou?"

Always if we will but hear, there comes from within our heart the reassuring response "Here I am." For truly God dwells in every human heart as perfect love in process of expression through man.

There is never, nor can there ever be throughout eternity, any real separation between God and us. Though like the prodigal son we may willfully forsake our divine estate and wander aimlessly in the "far country" where we come to want, the Spirit of our Father is with us always. "In him we live, and move, and have our being."

Those who continually "practice the presence of God" know that sometimes a period of deep devotion is followed by a feeling of unrest. In the outer world things seem to be at cross-purposes; our life and affairs evidence imperfections that we are at a loss to account for. Our human tendency is to despair, to acknowledge that our efforts to grow spiritually are in vain. But those who are

spiritually wise also know that such a condition is fleeting. If we find ourselves and our affairs in an upset condition, we need to pray earnestly and steadfastly, knowing that God's loving care for us is eternal. Soon we find that we are stronger than before in heart and mind, and filled with a deeper realization of God than we have had heretofore.

"Be strong and of a good courage; be not afraid, neither be thou dismayed: for the LORD thy God *is* with thee whithersoever thou goest."

In his letter to the Romans Paul wrote: "Who shall separate us from the love of Christ? shall tribulation, or anguish, or persecution, or famine, or nakedness, or peril, or sword? . . . Nay, in all these things we are more than conquerors through him that loved us. For I am persuaded, that neither death, nor life, nor angels, nor principalities, nor things present, nor things to come, nor powers, nor height, nor depth, nor any other creature, shall be able to separate us from the love of God, which is in Christ Jesus our Lord."

The conclusions that Paul reached in this inspired record of his spiritual wisdom are equally true of our daily affairs. Nought that can happen to us can separate us from the love of God, and if we are true to our purpose of knowing more of Him, we too are "more than conquerors."

MARCH 1

Saturday

THE PRESENCE OF CHRIST IN ME AWAKENS
ME TO A REALIZATION OF MY ONENESS WITH
GOD.

TODAY THE living Christ Spirit in me acknowledges my oneness with God. No longer do I feel any sense of separation from Him. I know that I live, move, and have being because He lives, moves, and has being through me. Every conscious or unconscious impulse of my mind, body, and soul is subject to the dominion of Christ.

This joyous realization opens every portal of my being to the steady, rhythmic inflow of spiritual blessings. I cannot lack life and health because the very presence of life and health dwells in me. I cannot lack love and harmony because the Christ Spirit of love and harmony is living, breathing, and acting through me. I believe in the limitless bounty of Spirit and work with Christly zeal and enthusiasm; therefore I can experience no lack of material good in my affairs.

I am one with Christ's infinite power. Today I let His life, light, love, and substance flow through me as blessings to God's children everywhere.

✿ *I and the Father are one.*—JOHN 10:30.

Sunday

MARCH 2

TODAY I AFFIRM, "PEACE IS NOW ESTABLISHED, IN THE NAME OF JESUS CHRIST."

TODAY I let go of every unpeaceful thought and assume my responsibility as an individual in standing for peace. All personal antagonism is now lifted up and redeemed by the love and good will of Christ abiding in me. All desire to criticize or be intolerant is now lost in the joyous understanding that every soul is seeking perfection and must eventually attain it. God's purpose in man must be fulfilled.

Only peace can reign in my world because I am become one with the Prince of Peace. I think only thoughts of peace, speak only words of peace, act only in a peaceful way, because heavenly peace emanates from my consciousness.

I am consecrated wholeheartedly to the purpose of peace. As a child of God I am charged with the obligation of working with Him to establish peace in the world. His peaceful, loving presence radiates through me to quicken men and nations to the realization that "peace is now established, in the name of Jesus Christ."

✿ *Be at peace one with another.*—MARK 9:50.

MARCH 3

Monday

I REFUSE TO JUDGE BY APPEARANCES. I JUDGE
THE RIGHTEOUS JUDGMENT OF SPIRIT.

TO THE spiritual-minded person it becomes more and more apparent that many things in the world are illusory. Unless our judgment is illumined with spiritual understanding, we behold appearances instead of reality.

It has been said that we should never judge any person or his acts with severity if we really understood his motives and the particular set of circumstances he is meeting in life. During this Lenten season let us strive to form the habit of judging righteously. Let us give up all negative thoughts and states of mind, such as condemnation, censure, or the tendency to judge hastily, and look for the good that is innate in everyone and everything. Let us temper our decisions, actions, and emotions with love and understanding.

In every situation our Lord had to meet. He was guided by His loving heart, His spiritualized judgment. When it seems necessary for us to pass judgment, let us judge as Christ judged.

✿ *And he said unto him, Thou hast rightly judged.*
—LUKE 7:43.

Tuesday

MARCH 4

THE GLORIOUS SPIRITUAL LIFE THAT RAISED UP JESUS NOW QUICKENS ME, AND I AM RESTORED TO HARMONY AND HEALTH.

WHEN JESUS made His triumphant demonstration of life nineteen hundred years ago, He proved the way for me and for every person who was to follow after Him. I know that the same life that raised Him up is the source of my own life, health, and harmony.

My awareness of the glorious spiritual life that resurrected and redeemed the body of Jesus Christ has set me free from all thought or manifestation of inharmony. No suggestion or symptom of disease can touch my consciousness or my body, for I constantly express the freedom and perfection I know to be my holy heritage.

That which is my inheritance is a common bequest, the birthright of every soul. Therefore it is with great faith and joy that I see the matchless, deathless, eternal life of Spirit abiding in all persons, healing, strengthening, rebuilding, and restoring them to wholeness.

• *I am the way, and the truth, and the life.*—JOHN 14:6.

MARCH 5

Wednesday

CHRIST IN ME IS A WELLSPRING OF POWER,
EVER RENEWING, EVER STRENGTHENING,
EVER SUSTAINING ME.

IF YOU have a physical task that seems beyond your strength, realize that you can be renewed momentarily through the power of your indwelling Christ. Nothing is beyond His power. If you turn to Him many times during the day His life will be quickened to greater activity within you and you will be uplifted, vitalized, and energized. The more you draw upon His power the more abundantly will it flow forth.

Strengthened and upheld by His life, the task that before seemed irksome and laborious will become one of joy and one that you will take pride in doing. Consecrate your mind, your body, your hands, your eyes daily to Christ, and His life, energy, and power within you will relieve you of all nervousness and tension. Filled with poise and confidence in your own ability, you will be encouraged to press forward. You are a child of God, untiring, alert, and rhythmic in all of your motions. Christ in you is your ever-renewing power.

✻ *I can of myself do nothing.*—JOHN 5:30.

Thursday

MARCH 6

INFINITE WISDOM INSPIRES ME, AND I KNOW
THE WAY.

TODAY ALL my decisions and actions are governed by infinite wisdom. I put aside all doubt, all uncertainty, all procrastination. The divine way of Truth is open before me, and I go forward joyously and triumphantly.

My thirst for spiritual knowledge is now satisfied, for I have found oneness with God, the source of all wisdom. With the unerring judgment of Christ I choose only the experiences that contribute to my happiness and well-being, only the path that leads to increased illumination and greater accomplishments.

The infinite wisdom of Christ is my constant guide and inspiration, and each successive step of my way is harmoniously revealed as I am ready to progress. I cannot stand still, hesitate, or deviate from my course, for I am impelled by the luminous Christ Spirit to go forward and upward. I walk the shining highroad of Truth with courage, confidence, and joy!

☛ *Whoso walketh wisely, he shall be delivered.*—PROV. 28:26.

Friday

OW

DIVINE LOVE GOVERNS MY WORDS AND
ACTIONS.gov-
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MY DEEP and abiding love for Christ inspires me to give up every unloving thought and critical word. Into my mind, my heart, my whole being the infinite love of God is poured, and I not only express love and good will but I become the very personification of divine love.

Thoughts, words, and actions conform to my new understanding and expression of love. I am kindly, considerate, humane. Divine love within me radiates from me to kindle in others the glory of God's love; and wave upon wave of good will and understanding kindness envelops the earth until all people feel and express the beauty of God's love.

My emotions are stabilized in the love of God, keeping me poised and calm at all times. I take time to look beyond the appearance of aggressiveness, injustice, and inharmony and behold the understanding love of God filling every heart and motivating every word and action.

* *I drew them . . . with bands of love.*—Hos. 11:4.

Saturday

MARCH 8

TRUTH IS REVEALED TO ME BY THE SPIRIT INDWELLING IN ME.

IN MY spiritual progress I continually look to the Spirit indwelling in me to show me the way by which I am to go. That way is the way of Truth, the way of perfection, harmony, omnipotence, love.

Like every other child of God I am seeking the answer to the ageless question "What is Truth?" I know that many great teachers, motivated by a sincere and selfless desire to help men arise out of bondage to ignorance, have endeavored to show me how Truth may be understood. I am grateful for the spiritual signposts that they have set up for me. However I know that I can come into a full understanding of Truth only through apprehending it spiritually.

The Spirit of Truth in me is my guide and counselor, who causes me to know that Truth is eternal, changeless, God Himself, who is in all, over all, and above all. Through Him I come into my glorious heritage of oneness with God.

* *I have chosen the way of truth.*—PSALMS 119:30 (A. V.).

"I Am the Light"

IN THE Scriptures it is recorded that God said, "Let there be light," and lo, there was light, divine radiance dispelling the darkness. Jesus Christ in proclaiming His divinity said, "I am the light of the world." John affirmed, "God is light, and in him is no darkness at all."

We who are children of God are eternally seeking the light of His presence. We seek Him afar off, and our way seems dark. But one day the false human conceptions that have blinded us are swept away, and we "walk in the light, as he is in the light."

One of the steps that we take in attaining our Christhood is to realize that the "light divine" shines eternally within us. "Christ in you, the hope of glory," is "the light of the world." The Christ light reveals Truth, perfection, rightness established everywhere.

In our daily life we undergo many experiences that to our human understanding seem uncalled for and unjustified. So long as we look upon ourselves and our life with the eye of the flesh we see darkness or "corruption." But when the spiritual light illumines our vision we behold the incorruptible, perfect world that is the kingdom of God.

Sunday

MARCH 9

THE CHRIST LIGHT SHINING THROUGH ME BRIGHTENS THE WORLD.

THE LIGHT of the natural world, the sun rising in the east, scatters the shadows and reveals a sparkling, brilliant world. In a like manner the light of the spiritual world, the Son rising in the depths of man's consciousness, scatters the darkness of error and reveals the Truth and the light.

Jesus said, "Ye are the light of the world." We do not have to strain after the light. It rises as naturally in us to illumine us and to light our world as the sun rises to brighten the day. When we realize this, we live in the light, we walk in the light, we radiate the light.

All that comprises our world as individuals can be brightened and cheered by the light that glows eternally within us. Our homes, our work, everything in our life reflects back this inner radiance as peace, joy, satisfaction, health, and plenty. The peace and well-being of peoples and nations reflect the radiance that is cast from the combined glow of many lights shining as one.

✿ *Ye are the light of the world.*—MATT. 5:14.

MARCH 10

Monday

GOD GIVES ME DIVINE COURAGE TO MEET
EVERY EXPERIENCE TRIUMPHANTLY.

SHOULD THE path ahead seem difficult, should it seem that our cherished plans cannot be fulfilled, we ought not give up to hopelessness. At such a time the value of courage is priceless, for it keeps our vision stayed on our cherished ideals.

It is clear, is it not, that to go forward one must continue to advance? And the way to come nearer the fulfillment of our ideals is to advance steadily toward them through continued courage. We ought never to weaken under trial, but instead we should infuse into every effort a resolute and brave attitude. Very often what seems a crisis or a near failure is but the last barrier on our path, which can be surmounted by but a little more effort.

When we require greater courage we only need to turn to God in faith in order to receive the divine bravery that makes us undaunted, fearless, and confident.

✿ *Be strong and of good courage . . . for Jehovah thy God, he it is that doth go with thee.*—DEUT. 31:6.

Tuesday

MARCH 11

JESUS CHRIST IS MY DEFENSE, MY GUIDE, AND
MY PROTECTOR.

IN OUR world today we all need to realize that we are one with Jesus Christ and that with Him we abide under the shadow of the Almighty. Every hour, moment, and second we must know that He is our shield and guardian angel. Being firm and steadfast in this knowledge regardless of appearances enables us to maintain faith and courage.

Jesus Christ is the world's Saviour, and His promises are sure and unfailing. When we look to Him we cannot fear or be anxious or let our heart be troubled. When we know that His Spirit is working mightily and with great power we rest assured that our world of affairs is being regulated and divinely governed.

Jesus Christ in our midst is our guide, revealing the right word and action in every situation. Jesus Christ in our midst is our refuge and fortress in every emergency. Jesus Christ in our midst upholds, directs, strengthens, and prospers us in all that we do.

✿ *Thou art my help and my deliverer.*—PSALMS 40:17.

MY LIFE IS STABILIZED UPON THE ROCK OF FAITH. I STAND FIRM IN EVERY SITUATION.

BECAUSE I have awakened to the realization of my divinity, I am no longer driven and buffeted by the winds of circumstance. My life is stabilized, because my faith is centered in a conviction of the supreme power of God. My faith is become a rock that is firmly established in God, and it is impervious to any seeming "evil."

Because my faith is strong, I am unmoved by the appearance of danger, lack, or discord. I know that these appearances are transitory, and that by faith I am enabled to meet them victoriously. I now withdraw my attention from any negative thought or appearance that would seek to claim it, and I fix it steadily, definitely upon the good that is before me. Every thought that I think, every word that I speak, is backed by my steadfast faith in the good.

This day which is before me is an opportunity to prove my mastery. I stand firm in every situation.

☛ *Jehovah is exalted; for he dwelleth on high . . . And there shall be stability in thy times.—ISA. 33:5, 6.*

Thursday

MARCH 13

I LET GO OF ALL SELFISH DESIRES. CHRIST WITHIN IS MY REDEEMER, MY ALL-SUFFICIENCY IN ALL THINGS.

As you dispel all selfish desires from your consciousness you realize that you are primarily a spiritual being and that you inherit the nature and substance of Christ. The more you dwell upon the Christ perfection, the better you are prepared to sustain your body with infinite life and your affairs with harmony and substance.

All men are of Christ. As you turn to Christ within, realizing that He is your real self, you receive light, faith, courage, and understanding to apply the Truth. Through Christ you are lifted up above all limiting ideas and beliefs that bind you to personality, and you are free.

You no longer desire to follow after selfish impulses as you behold Christ within yourself and within all men. Christ sets you free, and your vision is no longer limited. You see all from the standpoint of His perfection. You are endowed with power to comprehend and to appropriate all that you know yourself to be in Him.

● *Christ is all, and in all.*—COL. 3:11.

MARCH 14

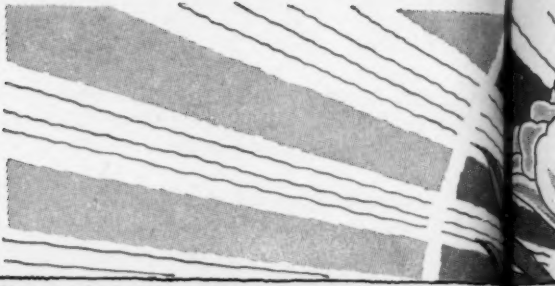
Friday

I LOOK BEYOND APPEARANCES AND BEHOLD
THE GOODNESS OF GOD FILLING MY LIFE AND
AFFAIRS.

LIFTING MY eyes to the hills of spiritual consciousness, I look Godward and live anew. Looking beyond appearances of sickness and infirmity, I see divine perfection expressing in myself and those about me. I realize that my body is animated by the eternal life of God.

Looking Godward above the clouds of lack, inharmony, and disorder, I see the goodness and bounty of the Father fulfilling every material need. Keeping my spiritual eye fixed on heaven, I am given wisdom, inspiration, faith, and the power of wise discernment in my daily activities. I am prosperous and successful in my work, and I am a channel for the blessing of others. I am confident that there is no limit to the good I can do or the success I can achieve, for "it is not I but the Father within, he doeth the works." Looking Godward, I see everyone and everything in my world in their right relations: blessed, redeemed, divine!

* *I will lift up mine eyes unto the hills, from whence cometh my help.*—PSALMS 121:1 (A. V.).



Illumination

Bonnie Day

Lord, in silent consecration
Now I listen calm and still,
All my heart at Thy disposal,
Yielding now to Thy good will,
Letting go of every problem,
Letting go of all my cares,
Trusting Thee to guide and prosper
Every phase of my affairs.
Living in Thy mighty presence,
I am fearless and secure,
Poised and confident and joyful,
Knowing that Thy word is sure.

As I wait in
Sets an end
Over every
Sheds a new
I am glad, I am
I am comforted and
As that word
Every word and
My petitions are
My cares are increa
I am blessed from
I am blessed with

nam

Day

As I wait for divine inspiration
Sets an inward lamp to shine,
Over every situation
Sheds a ray of light divine.
I am glad, I am strengthened,
I am comforted and taught
As that inward light illumines
Every word and act and thought.
My powers are awakened,
My capacities increase;
I am healed from every weakness,
I am blessed with joy and peace!



I CAN DO ALL THINGS THROUGH CHRIST.

JESUS CHRIST was able to do His mighty works among men because He knew beyond all shadow of doubt that He and the Father were one. His invincible faith enabled Him to do all things. Faith is the key to the life of the Master, and it is likewise the key to our own unlimited possibilities.

As we come to know that we are not separate and apart from God, but are one with Him, by degrees we develop the latent powers of our being, and find that we can use them for whatever purpose we will. God's ideal man, the Christ, has dominion over all things "in heaven and on earth." We who have put on Christ also have dominion over our life and our world, over our mind, thoughts, body, and all our activities.

Our growth in understanding and in the realization of our divine sonship is conditioned upon our faith in and acceptance of Truth. As we seek to understand God and His law we are illumined by divine wisdom, which reveals to us all that we need to know to bless us in all our endeavors.

✱ *Christ in you, the hope of glory.*—COL. 1:27.

I Say unto You Forgive

FORGIVENESS is one of the many expressions of divine love that is far-reaching in its effects but little understood. To our human sense it seems almost ridiculous to say: "Turn the other cheek." "Let him have thy cloak also." "Go the second mile."

Humanly it is not easy to be nonresistant to apparent injustice, to forgive and to relinquish freely all sense of injury or obligation. But our continued spiritual growth reveals to us the way in which we can fulfill the Christ standard that He expressed in the words "Father, forgive them; for they know not what they do," which climaxed a life of unselfish service without parallel in human experience.

Over and over Jesus Christ emphasized the importance, the necessity, of forgiveness. "If you do not forgive men their faults and their misdeeds," He said in effect, "the Father will not forgive yours."

Perhaps we travel only a short way on our path to Christhood before we meet an impasse. We seek to take some forward step, to gain health, prosperity, or some other of our heart's desires. But for the moment our efforts seem forestalled.

When we seek the counsel of our Father who is guiding us in our ongoing, we pray: "Father, wherein must I be more like unto Thee?" And the answer comes: "Forgive . . . Until seventy times seven." Yes, we must forgive all, even those who would seek to crucify us in their ignorance and misguided zeal. For as we rise supreme above every human feeling of resentment and ill will toward any man or circumstance we truly show forth and prove our divinity. Darkness and hate cannot prevail against light and love, to whom the ultimate victory is and must ever be. The sons of light are invincible.

"Forgive us our debts, as we also have forgiven our debtors." Let us utter these words of the Lord's Prayer with a new fervency; for we have gained a new understanding, a new assurance of the power of forgiveness. As we forgive others so are we forgiven and exalted above all by the Lord, the divine principle of Being. "Go, and sin no more."

"Put on therefore, as the elect of God, holy and beloved . . . mercies, kindness, humbleness of mind, meekness, longsuffering; forbearing one another, and forgiving one another, if any man have a quarrel against any: even as Christ forgave you, so also *do ye*."

MARCH 16

Sunday

THE PRESENCE OF CHRIST WITHIN EXALTS
ME ABOVE ALL LIMITATION.

I REJOICE to know that Christ lives within me and that His presence and power lift me up so that I am exalted above all that tends to cast me down. I know that neither persons nor things have power to limit me or to keep me from being lifted up into a consciousness of the presence of Christ in my midst.

Christ ever inspires me to press forward and upward. I meditate upon His presence within and about me, and I feel inspired by His wisdom, understanding, and love. Thus I know that external things cannot hold back my spiritual and material progress. Through daily communion with Him I am exalted from a limited consciousness into the higher consciousness where I know He abides, and I feel assured that all is well with me and my world. Christ's life and power quickened within sets me free from previous shortcomings. Through Christ I am receptive to health, peace, enduring strength, and bountiful prosperity.

✿ *Even so must the Son of man be lifted up.*—JOHN 3:14.

Monday

MARCH 17

CHRIST IN ME IS LOVING AND FORGIVING.

I REALIZE that now is the time to banish all grudges, all ideas of revenge, all memory even of hurt or wrongdoing. Today I cleanse my consciousness of every vestige of unforgiveness, of all remembrance of past things that brought unhappiness to me or to other persons.

Following the command of Jesus to forgive "until seventy times seven," I wipe out utterly every thought of sin or shortcoming to which I may have bound myself or any of God's children. I open every avenue of my being to the continuous inflow of the warm, healing, redeeming love of Christ. I know that He is ready now to relieve my mind, gladden my heart, and purify my soul.

Every barrier that has stood between me and my good is removed. A feeling of serenity and power takes possession of my life and being as I let Christ express divine forgiveness and love through me. No longer is there any condemnation or resentment in me or against me, for I dwell under the law of love and perfect understanding.

✿ *Forgive, and ye shall be forgiven.*—LUKE 6:37 (A. V.).

MARCH 18

Tuesday

CHRIST IN ME IS INFINITELY PATIENT AND
FORBEARING.

THE ENTIRE life of our Lord is a shining record of patience and forbearance. We cannot even begin to guess how many persons were blessed by His patience and understanding during His day. We cannot know how many millions of hearts and souls will be lifted up and inspired by His spirit of patience as it lives on and on in the world.

From the depths of His pain on the cross Jesus looked with patience and love on the throng around Him. When His physical, mental, and spiritual suffering was greater than that which most persons ever have to bear, when from the human standpoint He had every reason to be impatient, He looked with compassionate eyes upon His friends and enemies alike, and thought only of asking the Father to forgive them.

Knowing that the reward of patience is spiritual strength and soul growth, I seek to emulate Christ in being patient in all things.

✱ *In your patience possess ye your souls.*—LUKE 21:19
(A. V.).

Wednesday

MARCH 19

I AM SET FREE FROM ALL SENSE OF SIN, FOR I AM ONE WITH GOD'S REDEEMING GRACE.

SOMETIMES we think of ourselves or of others as being sinners, but surely God sees in all men simply His beloved children. Of how little account must personal opinions be in the august sight of God, which pierces all outer forms and appearances even to the inmost heart! God is love. How could He be other than forgiving?

God never separates Himself from man. Sometimes we carry about with us the memory of past shortcomings. These imperfections loom so large in our mind that we feel they must be important to God also. We find ourselves thinking that He has condemned us. But how could love condemn its children? The moment we tear down the barriers of condemnation that we have raised out of our own lack of understanding, the moment we open our heart and free our thought, that moment His love rushes in.

God has set us free from sin. He has forgiven us our shortcomings.

* *God abideth in us, and his love is perfected in us.*
—I JOHN 4:12.

Class Thoughts _____

TO BE USED FROM

March 20 to April 19

The affirmations on this page, known as the Unity Class Thoughts, are composed by Charles Fillmore for the purpose of providing central ideas upon which Truth students everywhere may concentrate during the month. You are invited to use them with Silent Unity not only at the hours specified but whenever you have opportunity.



At 11 a. m. use this thought for

ILLUMINATION . . . *Every mortal thought is lifted up and I am illumined when I think of my brotherhood with Jesus Christ.*

At 12 noon use this thought for

PROSPERITY . . . *Giving myself wholly to the life of the Spirit, I am transformed into the same life, and I am successful in all my undertakings.*

At 9 p. m. use this thought for

HEALING . . . *In unity with Jesus Christ and the mighty work that He did in regenerating His body I declare, "I am the resurrection, and the life."*



The lessons on the following three pages are based upon these Class Thoughts.

Thursday

MARCH 20

EVERY MORTAL THOUGHT IS LIFTED UP AND
I AM ILLUMINED WHEN I THINK OF MY
BROTHERHOOD WITH JESUS CHRIST.

WRITING TO the Galatians, Paul asserted: "Ye are all the children of God by faith in Christ Jesus. . . . Ye are all one in Christ Jesus." And Christ Himself said, "I in them, and thou in me, that they may be made perfect in one."

Jesus Christ, our Elder Brother, became one with the Father, and thereby unified all men in divine brotherhood with Him. In His life and ministry He proved that we can lift up our mortal or worldly thoughts and receive illumination direct from Spirit. He taught that God has not drawn Himself away from His children, but that men through failing to exercise their divine powers have drawn themselves away from Him.

Christ exemplified all the divine qualities that man is capable of expressing. Through Him we are drawn up out of our human limitations into the realization of perfect oneness with God.

✿ *He that doeth truth cometh to the light.*—JOHN 3:21
(A. V.).

MARCH 21

Friday

GIVING MYSELF WHOLLY TO THE LIFE OF THE SPIRIT, I AM TRANSFORMED INTO THE SAME LIFE, AND I AM SUCCESSFUL IN ALL MY UNDERTAKINGS.

WHEN WE give ourselves wholly to the life of the Spirit, we become receptive to the inflow of Spirit power by means of which we can manifest the infinite abundance of the Father in our affairs.

We find that our willingness to become one with the life of Spirit involves a far-reaching readjustment of our personal life. No longer are we to be satisfied with a meager measure of supply. No longer are we to rejoice in partial success. Our union with Spirit fills us with a new realization of the mighty powers and capabilities that are dormant within us. In this new life we are transformed. Our faith is renewed so that we expect success, we achieve success in our undertakings.

Today declare your willingness, your desire, to give yourself wholly to the life of the Spirit. Let its regenerating power fill you and flow out through you into your life and affairs.

✿ *These things shall be added unto you.*—LUKE 12:31.

Saturday

MARCH 22

IN UNITY WITH JESUS CHRIST AND THE MIGHTY WORK HE DID IN REGENERATING HIS BODY I DECLARE, "I AM THE RESURRECTION, AND THE LIFE."

ONE DAY at Capernaum Jesus Christ said to His disciples, "This is the Father's will which hath sent me, that of all which he hath given me I should lose nothing, but should raise it up again at the last day."

In fulfillment of this divine mission Jesus Christ overcame death and raised up His physical body after it had undergone torture and crucifixion. He thus became the first individual in human experience to accomplish this mighty work, and He promised, "The works that I do shall he do also; and greater *works* than these shall he do."

I believe in Jesus Christ. I have faith that through the divine Spirit in me I too can regenerate and raise up my body. I know that since I am a son of God I can overcome every bodily inharmony or appearance of physical imperfection. I am whole and perfect through Him who said, "I am the resurrection, and the life."

● *I am glorified in them.*—JOHN 17:10.

"Who Are My Brethren?"

ONE OF the most sublime mystical experiences that a man can undergo is to realize that he is truly a divine being, the son of the living God. In this exalted state he sees God in every manifestation in the physical world and in highest expression in His children, mankind.

In the ministry of Jesus Christ we find Him repeatedly telling His followers that they are the children of God. He consistently sought to show them that God was a loving Father who loved His children impartially, whether Jew or Gentile. Paul often echoed this teaching in his epistles: "There is no respect of persons with God." "Ye are all the children of God."

Our realization of our divinity is dependent upon true vision, in which we behold the eternal reality of Spirit rather than the transitory appearance of the world of affairs. True vision is not modified by petty human considerations. By means of it we see that all men, irrespective of race or creed, are sons of the Most High and that they are our brothers because they and we are all children of the universal Father.

"This commandment have we from him, that he who loveth God love his brother also."

Sunday

MARCH 23

IN THE STILLNESS WITHIN GOD REVEALS HIMSELF TO ME.

MY TIME of worship is a time of holy contemplation, in which I look beyond the superficial to behold with the eye of faith the presence and power of my heavenly Father. Wherever I look I see countless evidences of the glorious presence of God. The universe eternally bears witness to a Creator so mighty that human thought cannot measure His might; yet so perfect is this might that even the tiniest fragment of His creation feels the influence of His divine and loving care.

This is my Father, my Lord and Creator, my infinite source, in whom is all that heart can desire. Because I am one with my Creator I am one with all creation, all life, all love, all grandeur, all beauty and perfection. I rejoice to know that I live in God and He lives in me. He fills me with His power and provides me with good.

☛ *He himself giveth to all life, and breath, and all things; and he made of one every nation of men to dwell on all the face of the earth . . . that they should seek God . . . though he is not far from each one of us: for in him we live.—ACTS 17:25, 26, 27, 28.*

MARCH 24

Monday

I AM THE SON OF MY GLORIOUS FATHER.

I KNOW the Truth of my spiritual birth. I am made in the image and likeness of my divine Father. I am both His inlet and His outlet. I think His thoughts and I speak His words of power and authority.

I am the son of the perfect Parent, and I rejoice in my divine sonship. His health fills my body temple. His light and His wisdom flood my mind and I am wisely guided in all my ways. His substance surrounds me and infolds me. It satisfies my every need, and I am richly blessed with all things.

I am in this world, but I am not subject to it. I am here to learn, to grow, and to express my Father's perfect son, the Christ, the inner divine self. This divine self is in me and in all men. I am God's perfect idea of Himself in manifestation. I am all that my Father is because I am His son; and all that my Father has is mine through my divine inheritance. I rejoice in my sonship, and magnify the Father in my living.

• *This is my beloved Son, in whom I am well pleased.*
—MATT. 17:5.

Tuesday

MARCH 25

I RECOGNIZE THE UNIVERSAL UNITY CONNECTING GOD, MYSELF, AND ALL LIVING THINGS, AND I AM ONE WITH GOD AND ALL LIFE.

THERE IS a common spiritual force connecting all things in Truth. It is God. All sense of separation is overcome when we realize the presence of this unifying power. We often call God the One, meaning thereby to call attention to the truth of universal unity.

Do you feel yourself separated from others? Then know the truth that in Spirit there is no separation, there are no divisions, no differences. God's love for you and your love for Him is the same love that every person feels. God's life in you is the same life that is in all living things. You may think that there are personal differences between you and others; in Spirit you are all one.

Life will take on a new aspect if you will cease to think about the things that make you different from others and begin to think about the things that you have in common.

* *There can be neither Jew nor Greek, there can be neither bond nor free, there can be no male and female; for ye all are one man in Christ Jesus.—GAL. 3:28.*

MARCH 26

Wednesday

THE LOVE OF CHRIST, WHICH SEES BEYOND PERSONAL LIMITATIONS, IS NOW ACTIVE IN MY HEART.

CHRIST's love does not behold evil. His love does not hold anyone to personal limitations. He sees beyond the seeming evil and beholds the good. He looks back of the appearance of physical limitation and beholds Spirit.

Perfect love has within it no place for hate, jealousy, fear, or doubt. When our love is perfected, we shall not allow ourselves to be in bondage to adverse beliefs about ourselves or others. In love there can be no harsh criticism, no personal animosity, no hate, no fear. Love is from heaven and is expressed through the heart of man as he becomes receptive to it.

If you would love in fuller measure than heretofore, you must cast out those negative thoughts which work against love. You must enter the high realization in which love reigns supreme and where there is nought but love. Every thought contrary to love but serves to keep you from realizing perfect love. Love is mighty to do all things.

• *Forbearing one another in love.*—EPH. 4:2.

Thursday

MARCH 27

MY WORLD, GOD'S WORLD, IS NOW ESTABLISHED IN PERFECTION.

TO US who are spiritually illumined, who see with the spiritual eye the true reality, is given the noble task of bringing into manifestation the perfection of God's world. "In the beginning" God, Spirit, created a perfect spiritual world, and we, His children, are daily helping to bring it into manifestation in the earth.

When we keep our vision high, and take care that it be not dimmed by any appearance of imperfection, we can see God's world in its pure, majestic splendor.

We are holy children of God, and unto us He has given dominion over His world, the world in which we live, that we may dwell in it and cause it to become manifest in perfection. We are faithful to this responsibility only in so far as we are steadfast, loving, and wise, unselfishly and wholeheartedly giving ourselves to Him as a channel through which His divine work may be done as He purposes.

• *Jehovah reigneth . . . The world also is established, that it cannot be moved.*—PSALMS 93:1.

MARCH 28

Friday

I HAVE FAITH! FAITH IN GOD, THE GOOD;
FAITH IN MYSELF, FAITH IN MANKIND.

FAITH GIVES us a powerful hold upon the good in life. Through faith we seize hold of that which we desire to manifest in our life. Believing in God, the good, by faith we lay hold of the good and possess it.

When thoughts of doubt assail you, affirm, "I have faith!" Feel in your words the very faith of Christ. Faith is the same, whether exercised now or in the time of the apostles. Faith in God is the same, whether you feel it or whether Jesus felt it. When you have faith in God you identify yourself with all faith. The power of all faith becomes active in your faith. The power of Jesus Christ comes to your aid when you have faith in God.

Faith in God links us with His good. We establish a tangible relation to the good we desire when we exercise faith in God. When we have faith in some person, we mentally clasp hands with him. We stand with him. In the same way, when we have faith in God, He stands with us.

✦ *He wavered not through unbelief, but waxed strong through faith, giving glory to God.—ROM. 4:20.*

Saturday

MARCH 29

JOY UNSPEAKABLE FILLS MY HEART, AND MY
WHOLE WORLD IS FULL OF JOY.

THE JOY that comes from knowing our oneness with God and the universe is a joy unspeakable. When we have the right understanding of our relation to God, to men, and to things, we cannot be without joy. We cannot be unhappy when we know Truth and hold steadfastly to it.

Sadness and depression indicate that the individual has lost sight of God. He has ceased to realize that he is in God and that God is in his midst. He has looked upon the world as having power to affect him and to make him unhappy. The solution of the difficulty lies in his knowing that no external thing can keep him from knowing God. Turning to God, the source of perpetual joy, we find that God is all in all and that there is nothing to keep us from the truth of His joy. When we cease to look to persons or to things for joy we find true inner joy, the joy emanating from the presence of God. Enter into the joy of Spirit, your own divine joy.

* *Rejoice greatly with joy unspeakable.*—I PET. 1:8.

Sunday

AT ALL TIMES I MAINTAIN A PRAYERFUL ATTITUDE: LIVING IN THE CONSCIOUS REALIZATION OF MY UNITY WITH ALL GOOD.

PRAYER, to me, is a mental attitude in which I consciously realize my oneness with God within me, and in which I see His presence as the tangible visibility of all the good that I may need or desire. By prayer I join myself with God, the good, and consciously realize my oneness with His blessings.

Prayer to me is my consciousness of perfect identification with Spirit within me, the Spirit of peace, life, love, health, success, and victory. Through prayer I am related to that which is of God, that which is mine. I am joined with Spirit in a relation that cannot be broken or severed.

My attitude of prayer is not one of solemnity or undue humility. Through prayer I rise to joyous heights and to the realization of the majesty and grandeur of my divine sonship. My soul communes with Spirit and I am lifted up in prayer.

Through meditation and communion with God I am unified with His blessings.

✿ *The prayer of faith shall save him.*—JAMES 5:15.

Monday

MARCH 31

TODAY I AM REBORN IN THE SPIRIT OF CHRIST, AND ALL THINGS ARE MADE NEW.

THIS DAY I dedicate myself to the love of God and the fullness of His life. This day I live full of joy and happiness, remembering always that things of the past belong to the past, that this day alone is the day in which I live. No man can rise against me today, for God's great love radiating from the center of my Christ self graces and infolds all whom I meet, until I see only the Christ in them.

I am reborn today in the Christ Spirit, and I eagerly seek to fulfill God's blessings that come to me. With a smile on my lips and with love in my heart I start this day by blessing all whom I meet, knowing that my work is God's work, my love His love. The moment my thoughts start to turn to old thoughts or conditions I instantly declare, "I am reborn in the Spirit of Christ and all things are made new." Thus new thoughts of life and love are born in my mind and I understand His words, "Except one be born anew, he cannot see the kingdom of God."

✿ *Ye must be born anew.*—JOHN 3:7.

TEACH US TO PRAY

The Ideal Book for Lenten Study

CHRISTIANS like to observe Lent in some way, and many persons do so by giving a part of each day to spiritual study and meditation. For this purpose Charles and Cora Fillmore's new book **TEACH US TO PRAY** is ideal. Covering every angle of its appealing subject, it explains the right attitude in which to approach the divine presence, the meaning of prayer in its highest form. In other words, it teaches you definitely how to pray.

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917 Tracy, Kansas City, Mo.

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a New Greeting Booklet with an Easter Message



By Celia Caroline Cole



He Passed This Way
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Twenty-Four Golden Hours
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HE PASSED THIS WAY, Unity's new greeting booklet for Easter, comes from the pen of Celia Caroline Cole, who is known for her inspiring articles that appeared in Pictorial Review magazine.

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This booklet brings a message of hope at a time when the world is a place of strife and chaos. It points out that Jesus is still conqueror of death and darkness, that ultimately His way will triumph over the way of the world.

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